



KENDAL BOWMEN

Affiliated to Grand National Archery Society (GNAS) Trading as Archery GB

Archery Beginners' Course

Course Information

Beginners' courses are held throughout the year, indoor during the winter and outdoor during the summer. Indoor courses typically consist of four 3-hour lessons on Saturday mornings whilst outdoor courses usually consist of six 2-hour lessons on Monday evenings. Courses are only scheduled to run when enough people have submitted application forms and when our course venues are available for use. When we have enough people to undertake the course, we will contact you to try and arrange dates and times to suit. Courses run for a maximum number of 12 people to ensure quality of instruction.

We cannot accept beginners into our archery club unless they have attended all lessons. If it's necessary to cancel a lesson due to bad weather, we will reschedule. If you know in advance that you will miss a lesson (e.g. if you are on holiday), then we will try to arrange for a catchup lesson. If you are unable to attend a lesson, please let us know beforehand. Please note though, we can only make up one missed lesson, so if you know you will miss more lessons, then you will have to wait for a later course. We keep a priority waiting list for applicants and we will fit you in on a course to suit you as soon as we can. We cannot accommodate new trainees on a course once it has started.

Cost

The fee is £60 for adults and £30 for under 18's and we ask you to pay this at the start of the first lesson.

Juniors

Acceptance of each junior on the course is subject to approval of the coach. **Juniors must be accompanied by a parent, or a parentally approved guardian at all times when at the archery club.**

Equipment

We provide all the equipment needed for the course. It is not necessary to buy any equipment yourselves to participate in the course. During the course, we can offer advice to help you purchase your own equipment should you wish.

Clothing

You should wear comfortable but close-fitting clothing. If the weather is cold, it would be better to wear several thin layers rather than one bulky one. It's important that you don't wear jumpers or jackets with baggy sleeves as bow strings tend to catch on them and spoil your shot! For the same reason, and for personal safety, you should remove any jewellery or personal body piercing that might be caught by the bowstring. Long hair should be tied back.

Location

Our outdoor venue is Kendal Cricket Club, Shap Road, Kendal, LA9 6BZ. Our indoor venue is Kirkland Parish Hall, Kendal, LA9 5AF.

Contact

More information can be found on our website at www.kendalbowmen.co.uk, but for any other enquiries please email Mark Gill at markgillridesabike@yahoo.co.uk.

KENDAL BOWMEN

Applicant Details

Title..... Name.....

Address.....

..... Post Code.....

Telephone..... Mobile..... Email.....

Left or Right Handed.....

Height.....

Please list any medical conditions, learning or physical disabilities, which you believe may affect your ability to take part in archery. *(This information will be treated in confidence and will only be used by your coach to determine the most appropriate equipment and teaching styles to suit your personal needs).*

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Emergency Contact Details

Relationship to Applicant.....

Title..... Name.....

Address.....

..... Post Code.....

Emergency Contact Phone Number.....

Date of Birth (if under 18).....

The parents or guardians of under 18's must sign the consent section of this form.

Parental Consent: I, the undersigned, hereby consent to the above named applicant joining a beginners' course in archery with Kendal Bowmen. I confirm that I am the applicants Parent / Guardian.

Signed..... Date.....

Declaration: I hereby apply to join a beginners' course in archery with The Kendal Bowmen Archery Club and confirm that I have read and understood the beginners' course terms and conditions.

Signed..... Date.....

Please return this form via email to markgillridesabike@yahoo.co.uk or by snail mail to: Mark Gill, Grassgarth House, Haverthwaite, Ulverston, LA12 8PE.

Terms and Conditions

- An application form must be completed and accepted before starting the course. All medical disclosures relevant to the sport of archery must be indicated at that time.
- Beginners' course fees must be paid in full by the start of the second lesson.
- Beginners' course fees are non-refundable.
- Beginners' course fees do not entitle you to membership of The Kendal Bowmen Archery Club.
- All coaches and shooting will be strictly in accordance with GNAS rules, regulations and practice. Any contravention of shooting or safety rules will result in immediate suspension from the lesson.
- The Kendal Bowmen Archery Club retain the right to refuse further access to the beginners' course if students persistently disobey the safety instructions or the rules of shooting.
- The Kendal Bowmen Archery Club cannot accept any responsibility for damage or injury sustained whilst entering or leaving the venue.